

River Ramblings

8TH OCTOBER,
2010

Local Community Notices

At A Glance

Community
Cookbook.
Swimming
For Life.

Community Cookbook

A Craft n Laugh Project

As you may be aware our Craft n Laugh ladies are putting together a cookbook of favourite recipes from our community. We are expecting the cookbook to be ready for sale by Mothers Day 2011. This means we need your recipes before the end of the year (only 1 term to go). We have ladies ready and waiting now to receive, sort and prepare recipes for the book. Your recipe will appear with your name in the book.

To make it easy to submit your recipes you can either leave a copy of them in the "Community Cookbook" box at the Nangiloc shop, or the school. The school will be happy to make a photocopy of your recipe if you haven't the means to make a copy of it yourself. You can also email recipes to cook-book@nangiloc.vic.au which will send your recipes directly to our Craft n Laugh ladies in waiting. Please ensure you include your name. As we live in a district which grows a very diverse range of produce, which our farmers wives are very good at being creative with, we expect to attract some interesting recipes which

could include such things as; pistachios, almonds, avocados, grapes, citrus, stone fruit, apples, quinces, persimmons, vegetables, honey, and more.

RIVER RAMBLINGS

Please forward any articles you may wish to be added to the River Ramblings to rohde.lauren.j@edumail.vic.gov.au or they can be faxed to 50291634 or simply dropped off at the Nangiloc/ Colignan P.S by Friday morning.

SWIMMING IS A SKILL FOR LIFE

Kids who can't swim end up in deep water. It's crucial that our children are taught to swim as early as possible. Learn to swim at Mildura Waves with our Royal Life Saving "Swim and Survive" program. Children of all ages learn the necessary techniques in a safe, fun environment. ENROL now and go in to the Draw to win a Toshiba Lap Top Computer from Leading Edge Computers. Contact Mildura Waves on 50188391 to book your fee assessment.

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